



Covid 19 Protocol

The following are steps that are being taken to help keep you, the providers, and other patients at Be Wellness Collaborative safe while receiving the in person care that you need.

- Please stay at home if you have any cold, flu, or respiratory symptoms or a temperature of 100.0F or more.
- When you arrive for your appointment, wait in your car. Please call the office (617-721-7453) to announce your arrival and I will meet you at the entrance of Unit 5.
- You will be asked to wear a mask while at the office. A mask can be provided for you if needed. Children age 2 and under should not wear a mask. Wearing a mask is a requirement to enter this building.
- You will be asked screening questions about your health when you arrive for your appointment.
- You will be asked to wash your hands and/or use hand sanitizer upon arrival.
- Please do not bring extra family members or guests to your appointment.

These are the screening questions that will be asked before your appointment. If you answer yes to any of these questions your appointment may be rescheduled.

- Have you or anyone in your household had any of the following symptoms in the last 21 days: sore throat, cough, chills, body aches for unknown reasons, shortness of breath for unknown reasons, loss of smell, loss of taste, fever at or greater than 100.0F?
- Have you or anyone in your household been tested for COVID-19?
- Have you or anyone in your household visited or received treatment in a hospital, nursing home, long-term care, or other health care facility in the past 21 days?
- Have you or anyone in your household traveled in the U.S. using public transportation in the past 21 days?
- Have you or anyone in your household traveled internationally or on a cruise ship in the last 21 days?
- Have you or anyone in your household cared for an individual who is in quarantine or is a presumptive positive or has tested positive for COVID-19?
- Do you have any reason to believe you or anyone in your household has been exposed to or acquired COVID-19?
- To the best of your knowledge have you been in close proximity to any individual who tested positive for COVID-19?

For the provider:

- I will stay home if I have any cold, flu, or respiratory symptoms or a temperature of 100.0F or more.
- A mask will be worn at all times. Gloves, protective gowns, and other personal protective equipment will be worn as appropriate.
- I will wash and/or sanitize my hands before, during (as appropriate), and after all appointments.
- Appointments will be spaced out to allow for proper sanitization of the office using disinfectant and a UV sterilization wand.
- An air purifier with HEPA filter will be run in the office.

For the building:

- It is required to wear a mask to enter the building. If you do not have a mask one will be provided for you. Children age 2 and under should not wear a mask.
- The waiting room of Be Wellness Collaborative is now closed in an effort to maintain social distancing. Please call the office from your car when you arrive and you will be met at the front door.
- The hallways of Be Wellness Collaborative are now one way. You will enter at Unit 5 and exit out of Unit 4.
- The common areas of Be Wellness Collaborative will be sanitized on a regular basis throughout the day and deep cleaned on a regular basis.